



The Young Muslims UK

Abu Huraira (RA) reported: The Prophet, peace and blessing be upon him, said, 'Give each other gifts and you will love each other'. (Al-Adab Al-Mufrad 594)

Assalamu Alaikum, Dear Brothers and Sisters!

During these difficult times in which we're all struggling, a little help for those who may be struggling even more may be very heavy on our scales on the Last Day, insha Allah!

To create food packages for families who may need them, we suggest you contact your local school, and ask if they have any families who could benefit from food packs. Most schools will have a facility whereby families in need come in to school to collect food, insha Allah.

CONTENTS:

Once you have found a school which is willing to accept your packages, then we would recommend that you purchase the following for each food pack from a local supermarket or cash and carry:

- 1) 1 litre of vegetable oil
- 2) 1 litre of UHT Milk
- 3) Tinned Tomatoes
- 4) Tinned Kidney Beans
- 5) Tinned Chick Peas
- 6) Pasta (1kg)
- 7) Rice (1kg)
- 8) Flour (1kg)
- 9) 10x Face Masks (Optional)

BOXES:

We have found that the above items fit comfortably in to a box which is approximately 360mm x 270mm x 160mm. These are available from companies such as Kite Packaging at the following link:

<https://www.kitepackaging.co.uk/scp/boxes/standard-cardboard-boxes/>

Their boxes which are 361x269x160mm (Product code CSW14.2X10.6X6.3) cost £0.32p per unit and are available in packs of 30. You can also call them on: 024 7642 0065

Product Code	Dimensions (mm)	Units per Pack	Unit Price (£)	Pack Price (£)	Weight (kg)	Volume (litres)	Price per Litre (£)	Click here	Quantity
CSW14.2X10.6X6.3	361 x 269 x 160	30	32.5p	29.1p	25.8p	22.7p	19.2p	24.3p Click here	0
								24.1p	

MESSAGE:

Please print off the "Bucket List" and YM Message which can be downloaded from the link below and place it inside the box:

<https://bit.ly/3df7eNL>

May Allah swt reward you for your efforts, insha Allah!

Wasalaam, The YM Team – www.ymuk.net